

THE BREEZE AND I RUMBA

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Music: "The Breeze and I" Artist: Ross Mitchell CD: DLD 1089 "25 TOP RUMBAS" Track 2
Available from Hanhurst Records. Also available as MP3 download from Amazon mp3

Time/Speed: Time@ CD RPM: 2:38 / Slow 6% or 42 RPM

Footwork: Opposite unless noted (Woman's footwork in parentheses)

Degree of Difficulty: DIFF **Rhythm/Phase:** Rumba Phase IV+2 [Cuddle & Closed Hip Twist] +1 [Circle Vine 8]

Sequence: INTRO, A, B, A, B[1-13], END **Released:** June 2012

INTRO

- 1-4 WAIT 1 MEAS TANDEM WALL LADY PRESS LINE TRAIL FT FREE;
MAN SIDE W TRN TO BFLY; CIRC VIN 8 W FRNT w/RONDE LOP FCG WALL;;**
1 Wait 1 meas tandem wall W press line trail ft free (W sit into R knee & Press L w/bent knee arms dwn);
2 Sd R (W rise transfer wgt to L spin sharply LF ½ BFLY);
3-4 [Circ Vin 8 W Frnt w/Ronde LOP FCG Wall;;] Sd L, Bhd R, Sd L, Xrif; Sd L, Bhd R, Sd L, Cl R;
(Xrif, Sd L Ronde R CW, Bhd R, Sd L; Xrif, Sd L Ronde R CW, Bhd R, Sd L;)

PART A

- 1-4 ½ BASIC; FAN; ALEMANA;;**
1 [½ Basic] fwd L, rec R, sd L, -;
2 [Fan] bk R, rec L, sd R, (fwd L, sd & bk R, bk L,);
3-4 [Alemana] fwd L, rec R, cl L, -; bk R, rec L, cl R, -; (cl R, fwd L, fwd trn R, -; fwd trn L, fwd trn R, sd L, -;)
- 5-8 LARIAT WITH CARESS;; CUDDLE TWICE;;**
5-6 [Lariat with caress] sd L, rec R, cl L, -; sd R, rec L, cl R, -; (fwd R, fwd L, fwd R, -; fwd L, fwd R, sd L, -;)
Note: Place W R hnd on M R shldr, she playfully moves it across his shldrs and back as she lariats.
7-8 [Cuddle 2Xs] sd L, rec R, cl L, -; (trn bk R, rec trn L, sd R, -;) sd R, rec L, cl R, -; (trn bk L, rec trn R, sd L, -;)
- 9-12 X BODY;; NEW YORKER; FENCE LINE;**
9-10 [X body] fwd L, rec R, sd trn L, -; bk trn R, fwd L, sd & fwd R, -;
(bk R, rec L, fwd R, -; fwd L, fwd trn R, sd & bk L, -;)
11 [New Yorker] swvl thru L, rec swvl to fc R, sd L, -;
12 [Fence Line] X lun R, rec L, sd R, -;
- 13-16 CK FWD BFLY SCAR LADY DEVELOPE; BK SD CL; X BODY;;**
13 [Ck Fwd Lady Develope] ck fwd L BFLY SCAR, -, -, -; (bk R -, L ft up, extend ft);
14 [bk sd cL] bk R, sd L, cl R, -;
15-16 [X body] fwd L, rec R, sd trn L, -; bk trn R, fwd L, sd & fwd R, -;
(Bk R, Rec L, Fwd R, -; Fwd L, Fwd Trn R, Sd & Bk L, -;)

PART B

- 1-4 CLOSED HIP TWIST; FAN; HKYSTK;;**
1 [Cl Hip Twist] chk sd & fwd L, rec R, cl L, -; (swvl bk R, rec swvl L, sd swvl R, -;)
2 [Fan] bk R, rec L, sd R, -; (fwd L, fwd R trng, bk L, -;)
3-4 [Hky stk] fwd L, rec R, cl, L -; bk R, rec L, fwd R, -; (cl R, fwd L, fwd R, -; fwd L, fwd R trng, sd & bk L, -;)
- 5-8 ALEMANA BFLY;; AIDA; SWITCH CROSS;**
5-6 [Alemana] fwd L, rec R, cl L, -; bk R, rec L, sd R, -; (cl R, fwd L, fwd trn R, -; fwd trn L, fwd trn R, sd L, -;)
7 [Aida] thru trn L, sd trn R, bk L, -;
8 [Switch X] trn sd R, rec L, XRif, -;
- 9-12 SD WALKS CP;; HIP ROCKS W TRN AWY; W PUSH OFF HKYSTK ENDING;**
9-10 [Sd Walks] sd L, cl R, sd L, -; cl R, sd L, cl R, -;
11 [Hip Rks W trn away] Move hips sd L, sd R, sd L, -; Note: W place R hnd M chest & trn awy LF
12 [Push Off HkyStk Ending] bk R, rec L, fwd R, -; (R hnd M chest push off fwd L, fwd trn R, sd & bk L, -;)
- 13-16 ½ BASIC BFLY; CRAB WALKS;; CUCARACHA;**
13 [½ Basic BFLY] fwd L, rec R, sd L BFLY, -;
14-15 [Crab Wks] XRif, sd L, XRif, -; sd L, XRif, sd L, -;
16 [Cuca] sd R, rec L, cl R, -;

ENDING

- 1-3 CRAB WK 3 CP; 2 SLOW HIP ROCKS; W TURN AWAY & PRESS;**
1 [Crab Wk 3 CP] XRif, sd L, XRif to CP, -;
2 [2 Slow Hip Rks] with M hnds on W hips rk sd L-, rk sd R-; (W raise arms & X hnds over her head)
3 [W Trn Away & Press] rec L-, (W rec R trn ½ RF, sit into R knee & press L w/ bent knee arms dwn & out-;)
Note: Man bhnd lady w/ hnds on her shldrs.