

La GLORIA



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Record: WEA CD 19798-1, Romances - Luis Miguel, Track 4, La Gloria Eres Tu
Footwork: Opposite, directions for man (lady as noted)
Phase & Rhythm: Phase VI - Bolero
Difficulty Level: Average
Sequence: Intro, A, B, C, A(1-8), B(1-12), End 2007 ver 1.3

INTRODUCTION

- 1-10** WAIT 2;; SIDE LUNGE & ROLL; SOLO FENCE LINES; REVERSE UNDERARM TURN; FALLAWAY RONDE & VINE 2; RUMBA AIDA twice;; SWITCH & SYNCOPATED HIP ROCK; FORWARD BASIC;
- 1-2 [Wait 2 SSSS] Opn facng no hnds jnd 2 feet apart man fc WALL trail feet pnted sd;;
3 [Sid Lnge & Roll SQQ] sd & fwd R in lunge line sweep trail hnds up & ovr RLOD lead hnds on hips,-, strt LF (RF) roll LOD L, R to bfly ΔV @ LOD,-;
4 [Solo Fence Lines SQQ] Sd L DLC (DLW) rise body erect extend arms out bfly,-, thru R soften knee arms out bfly, rec bk L trn RF (LF) jn trail hnds twd ROLD;
5 [Rev Underarm Trn SQQ] Fwd & sd R slght RF trn raise trail hands rise,-, ck fwd L sft knee lead lady under, rec R fc WALL (trn LF sd & fwd L RLOD,-, fwd R soft knee trn LF undr raised arms, rec L cont trn LF to fc sft knee);
6 [Fallaway Ronde Vine 2 SQQ] Sd & bk L slght body trn LF (RF)/ronde R CW (ccw)-, complete ronde to fallaway bk R sft knee trn LF (RF), sd & fwd L to ΔV @ LOD soft knee;
7 [Rumba Aida QQS] Thru R trn RF (LF), sd L trn RF (LF), bk & sd R invert "V" pos fc RLOD trail hnds up & out,-;
8 [Rumba Aida QQS] Thru L trn LF (RF), sd R trn LF (RF), bk & sd L invert "V" pos fc LOD lead hnds up & out,-;
9 [Swtch & Sync Hip Rk SQ&Q] Trn RF (LF) rk sd R bfly sft knee,-, rec L hip roll/rec R hip roll, rec L hip roll fc WALL;
10 [Fwd Basic SQQ] Sd & fwd R blnd to cp fc DRW rise,-, ck fwd L sml stp slght contra ck action, rec bk R fc DRW (sd & bk L blnd cp,-, bk R contra ck action slght sit line action, rec fwd L);

PART A

- 1-8** SYNCO TURNING BASIC to a THROWAWAY;; FALLAWAY RONDE SLIP; FORWARD RIGHT LUNGE & ROLL; TURNING BASIC; NEW YORKER to a NEW YORKER in 4;; RIFF TURNS;
- 1-2 [Sync Trng Basic to Throwy S&QQSS] Sd L to cp slght body trn RF rise,-/trn LF slip pvt action bk R, sd & fwd L trn LF, sd & fwd R pvt LF fc DRW; sd & bk L trn LF,-, sft knee slght body trn LF extnd right leg bk,-;(sd & fwd R body trn RF look right,-/trn LF cl head fwd L, sd & bk R trn LF, fwd L pvt LF; sd & fwd R shrp trn LF swvl foot LF extnd lft leg bk DLC head right,-, develop sway L & extend top up & out closng head,-);
3 [Fallaway Ronde Slip SQQ] Slght body trn RF Rec R (strng trn RF sd L)/ trn LF ronde L CCW R cw)-, complete ronde to fallaway bk L sft knee, slp pvt RF sd & bk R cp DLC;
4 [Fwd Rght Lunge & Roll SS] Fwd L,-, lwr fwd R DLC slght shape to rght lunge, chng shpe body trn rght to opn lady=s head (lady look well right)-;
5 [Trng Basic SQQ] Sd & bk L to cp slght body trn RF rise,-, trn LF slip pvt action bk R sft knee, sd & fwd L trn LF to fc DRW sft knee;
6-7 [New Yorker & New Yorker 4 SQQQQQQ] Body trn RF (lady LF) sd & fwd R RLOD rise,-, ck thru L soft knee, rec R trn to fc RLOD soft knee; sd L fc WALL trial arms sweep in, body trn RF (lady LF) sd & fwd R RLOD, ck thru L soft knee, rec R trn to fc WALL soft knee;
8 [Riff Trns &S&S] sd L raise lead hnds strt lady in RF spin/cl R,-, sd L strt lady in RF spin/cl R fc ROLD,- (fwd R spin RF undr lead hnds/cl L,-, fwd R spin RF undr lead hnds/cl L,-);
- 9-16** UNDERARM TO BFLY; SIDE to SWIVELS; THRU LUNGE & SYNCO SPIN; UNDERARM TURN; FORWARD BASIC; HIP ROCKS; DOUBLE RONDE & INSIDE UNDERARM; NEW YORKER;
- 9 [Underarm Turn SQQ] Sd & bk L slght LF trn raise lead hands rise,-, bk R sft knee lead lady under, rec L fc WALL bfly (trn RF sd & fwd R,-, fwd L soft knee trn RF undr raised arms, rec R cont trn RF to bfly sft knee);
10 [Sd & Swivels SQQ] Thru L RLOD swivel LF (lady RF) to bfly pnt R to ROD hold,-,-, slght trn LF to bfly ΔV @ LOD (Sd R bfly,-, thru L XIFR swvl LF (XRIFL swvl RF), thru R XIFL swvl RF (XRIFR SWVL LF) to fc WALL);
11 [Lnge & Spin SQ&Q] Swvl RF (LF) fwd L bk to bk shape Inge line RLOD, rec bk R strt LF (RF) spin LOD/L, R fc WALL;
12 [Underarm Turn SQQ] Sd & bk L slght LF trn jn & raise lead hands,-, bk R sft knee lead lady under, rec L fc WALL bfly (trn RF sd & fwd R,-, fwd L soft knee trn RF undr raised arms, rec R cont trn RF to bfly sft knee);
13 [Fwd Basic SQQ] Sd & fwd R blnd to cp fc DRW rise,-, ck fwd L sml stp slght contra ck action, rec bk R fc DRW (sd & bk L blnd cp,-, bk R contra ck action slght sit line action, rec fwd L);
14 [Hip Rks SQQ] Sd & bk L,-, rec R hip roll, rec L hip roll fc DRW CP;
15 [Double Ronde Insd Underarm SQ&Q] Fwd & sd R DRW betwn lady's feet body trn RF ronde lft CW lead lady to ronde R CW,-, trn RF fwd L to circle walk RF raise lead hnds/XRIBL latin x trn lady under, trn RF sd & fwd L to ΔV @ RLOD (sd & bk L ronde R CW,-, bk R XIBL/strt LF undrarm trn fwd & sd L, trn LF sd & fwd R to ΔV @ RLOD);
16 [New Yorker SQQ] Sd & fwd R RLOD rise body trn RF (lady LF)-, ck thru L soft knee, rec R trn to fc WALL soft knee;

PART B

- 1-8** UNDERARM TURN; FORWARD BREAK to handshake; TURKISH TOWEL;; CROSS BODY change hands: START an AIDA; AIDA LINE & SWITCH LUNGE; FORWARD to QUICK MANEUVER PREPARATION;
- 9 [Underarm Turn SQQ] Sd & bk L slght LF trn raise lead hands rise,-, bk R sft knee lead lady under, rec L fc WALL (trn RF sd & fwd R,-, fwd L soft knee trn RF undr raised arms, rec R cont trn RF sft knee);

- 2 [Fwd Brk **SQQ**] Sd & fwd R rise,-, ck fwd L sml stp slight contra ck action jn right hnds, slight trn RF rec bk R fc D WALL (sd & bk L opn fcng,-, bk R contra ck action slight sit line action, rec fwd L COH);
- 3-4 [Turkish Towel **SQQSQQ**] Sd & bk L raise jnd rght hnds,-; back R XIBL, rec fwd L XIFR jn lft hnds; side R to end man=s varsou pos lady on left sd,-, check back L, recover R LOD; (Sd & fwd R, -, fwd L XIFR trn RF under jnd rght hnds, fwd R cont trn; fwd L arnd man to end in bk of & to his left side jn lft hnds,-, ck fwd R, rec L);
- 5 [Cross Body **SQQ**] Trn LF bk L release lft hnds look RLOD rise,-, bk R sft knee chnge to lead hnds brng lady across, fwd L AV@ RLOD (sd & fwd R to RLOD,-, fwd L DRW strt LF trn, sd & fwd R trn LF AV@ RLOD);
- 6 [Start Aida **SQQ**] Sd & fwd R op pos RLOD rise,-, thru L sft knee trn LF jn trail hnds (lady trn RF), sd R trn LF release lead hnds (lady trn RF);
- 7 [Aida & Swtch Lnge **SS**] Trn LF bk L slight "V" bk to bk pos LOD lead hnds up & out trail hnds fwd (lady trn RF),-, trn RF bring trail hnds thru (lady LF) to fc sd R soft knee shape to partner,-;
- 8 [Fwd Qk Man Prep **S&QQ**] Sd & fwd L to semi LOD rise strt RF trn,-/fwd R trn RF, sd L trn RF, tch R (sml stp L sml trn RF) smfoot pos fc COH;

9-16 SAMEFOOT LUNGE; SWIVEL to HINGE; UNDERARM SPIRAL & SPIN transition; NEW YORKER; CHEST PUSH lady ROLL AWAY; LUNGE BREAK; LEFT PASS; REVERSE UNDERARM TURN;

- 9 [Samefoot Lnge **SS**] Hold slight sway lft & lwr sd & fwd R soften R knee leave L extnd sd & bk,-, chng shape to rght slight body trn LF look at lady then chng shape bk to left body trn RF head left to look RLOD,- (slight sway right bk R soften R knee,-, strng shape to left look well left then chnge shape trn head to rght,-);
- 10 [Swivel to Hinge **S&S**] Sd & fwd L rise,- /sharp body trn LF, lwr on L to hinge line (rec fwd L rise,- /sharp swvl LF on L, lwr & extnd R fwd in hinge line,-);
- 11 [Underarm Spiral **SS(SQQ)**] Rec bk R raise lead hands rise lady sprl,-, bk L lady spin swvl RF fc WALL lower ,-(rec fwd R LOD rise sprl LF under hnds,-, fwd L spin LF undr raised arms, cl R cont trn LF to fc man);
- 12 [New Yorker **SQQ**] Body trn RF (lady LF) sd & fwd R LOD rise,-, ck thru L soft knee, rec R trn to fc DLC soft knee;
- 13 [Chest Push Roll **SQQ**] Sd & slight bk L sml stp rise pnce lady=s hnd on your chest,-, cl R soft knee arms soft out, sd & fwd L DLC (sd & fwd R hnd to man=s chest cking ,-, push to roll LF DLC L, R to end fc man);
- 14 [Lunge Break **SQQ**] Sd & fwd R opn fcng fc DCL jnd lead hnds,-, lower on R extnd lft to sd & bk good tone press lady bk, strt rise on R bring lady fwd (sd & bk L opn fcng,-, bk R contra ck action slight sit line action, rec fwd L strt rise);
- 15 [Left Pass **SQQ**] Fwd L to sdcr DLC shpe body DCR to lady rise trn lady RF,-, rec bk R toe in sft knee strt LF trn, sd & fwd L trn LF to AV@ pos RLOD (sd & fwd R trn RF back to man but shpe head to man, sd & fwd L sft knee strng trn LF, bk R under body fc man AV@ pos);
- 16 [Rev Underarm Trn **SQQ**] Fwd & sd R slight RF trn raise trail hands rise,-, ck fwd L sft knee lead lady under, rec R fc WALL (trn LF sd & fwd L RLOD,-, fwd R soft knee trn LF undr raised arms, rec L cont trn LF to fc sft knee);

PART C

1-8 SPOT TURN; LUNGE BREAK; CURLTRANSITION LUNGE; WRAPPED FENCE LINE; SHADOW SYNCO VINE; SHADOW FENCE LINE w/ARM SWEEP; man SPIN TRANSITION lady SLIP TURN; FORWARD BASIC;

- 1 [Spot Turn **SQQ**] Trn LF rec sd & fwd L "v" pos LOD,-, thru R trn LF soft knee, rec L cont trn LF to fc sft knee;
- 2 [Lunge Break **SQQ**] Sd & fwd R opn fcng fc DRW jnd lead hnds,-, lower on R extnd lft to sd & bk good tone press lady bk, strt rise on R bring lady fwd (sd & bk L opn fcng,-, bk R contra ck action slight sit line action, rec fwd L strt rise);
- 3 [Curl Trans Lunge - **S(SS)**] Rise on R slight LF body trn lead lady spiral LF,-, Inge sd L loose wrap fc WALL soft knee ck action fc WALL ,-(fwd R rise spirial LF under lead hnds,-, Inge sd L in loose wrap cking collect arms in frnt, -);
- 4 [Wrap Fence Line **SQQ**] In wrap sd & fwd R DRW,-, ck L XIFR soften knee extnd arms out, rec R fc WALL loosen hold soft knee;
- 5 [Shadw Vine **SQ&Q**] Fwd & sd L to shdw mvng LOD ,-, thru RXIFL body trn RF/sd L, XRIBL mvng LOD shdw;
- 6 [Shadw Fence Line **SQQ**] Sd & fwd L LOD sweep trail arms up & over,-, ck R XIFL soften knee cont arm sweep, rec L arms at botmn arc fc WALL in shdw pos soft knee;
- 7 [Spin Trans lady Slip **SQQ&(SQQ)**] Bk R sweep trail hnds dwn & up rise body trn RF,-, bk L strt spin RF (trn RF bk L), fwd R spin RF/sd L spin RF to fc WALL lwr (fwd R trn RF fc man); note: man full trn lady 2 turn [option: man bk R,-, bk L trn RF fc WALL];
- 8 [Fwd Basic **SQQ**] Sd & fwd R blnd cp fc DRW rise,-, ck fwd L sml stp slight contra ck action, rec bk R soft knee fc WALL (sd & bk L blnd cp,-, bk R contra ck action slight sit line action, rec fwd L);

END

1-6 CROSS BODY; REVERSE UNDERARM TURN: UNDERARM TURN; FORWARD BASIC; SYNCO TURNING BASIC to THROWAWAY;:

- 1 [Cross Body **SQQ**] Sd & bk L trn LF to "L" shpe RLOD rise,-, trn LF bk R in sdcr toe in sft knee chnge to lead hnds, cont LF trn fwd L AV@ RLOD (sd & fwd R to DLC,-, fwd L strt LF trn, trn LF sd & fwd R AV@ RLOD);
- 2 [Rev Underarm Trn **SQQ**] Fwd & sd R slight RF trn raise trail hands rise,-, ck fwd L sft knee lead lady under, rec R fc WALL (trn LF sd & fwd L RLOD,-, fwd R soft knee trn LF undr raised arms, rec L cont trn LF to fc sft knee);
- 3 [Underarm Turn **SQQ**] Sd & bk L slight LF trn raise lead hands rise,-, bk R sft knee lead lady under, rec L fc WALL (sd & fwd R LOD,-, fwd L soft knee trn RF undr raised arms, rec R cont trn RF to fc sft knee);
- 4 [Fwd Basic **SQQ**] Sd & fwd R blnd cp fc DRW rise,-, ck fwd L sml stp slight contra ck action, rec bk R soft knee fc WALL (sd & bk L blnd cp,-, bk R contra ck action slight sit line action, rec fwd L);
- 5-6 [Sync Trng Basic to Throwy **SQ&QSS**] Sd L to cp slight body trn RF rise,-, trn LF slip pvt action bk R/sd & fwd L trn LF, sd & fwd R trn LF fc DRW; sd & bk L trn LF,-, sft knee slight body trn LF extnd rght leg bk,-;(sd & fwd R body trn RF look rght,-, trn LF chl head fwd L/sd & bk R trn LF, fwd L pvt LF; sd & fwd L trn LF relax L knee, -, hip trn LF & shpe to rght; (sd & bk R shrp trn LF swvl foot LF extnd lft leg bk DLC head rght develop sway L & extend top up & out closng head;) NOTE: last meas only 3 beats - dance throwaway a little sharper