

"YOU RAISE ME UP"

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MUSIC: "You Raise Me Up" from Josh Groban's *Closer*, Reprise CD 48450-2, Track #12.

PHASE & RHYTHM: Phase VI Slow Two Step [Contact Choreographer for Availability]

SEQUENCE: INTRO, A, B, A, B MOD, C, B MOD, END

INTRO

1-4 WAIT; FWD 2; FWD 2 / LADY SPIRAL & FWD; FWD TRANS / LADY RIFF TRN TO FC;
1 [WAIT] OP/SHAD M slightly in frt of W both rt ft free rt hds joined in frt of W (W's lt arm extended beh M) wait 1 ms;
2 SS [FWD 2] Fwd R, __, fwd L, __ (W fwd R, __, fwd L, __);
3 SS [FWD 2 / LADY SPIRAL & FWD] Fwd R, __, fwd L, __ (W fwd R spiral lf, __, fwd L LOD, __);
4 S__ (SS) [FWD TRANS / LADY RIFF TRN] Fwd R, __, tch L to R fc ptr & WALL, __ (W fwd R spin rf, __, cl L to R fc ptr & COH, __);

PART A

1-4 BASICS;; LT TRN W/ INSD ROLL; TO FALLAWY CK & REC;
1 SQQ [BASICS] LOOSE CP sd L, __, xRib, rec fwd L (W sd R, __, xLib, rec fwd R);
2 SQQ Sd R, __, xLib, rec fwd R LOD (W sd L, __, xRib, rec fwd L start lf trn);
3 SQQ [LF TRN W/ INSD ROLL] Fwd L LOD lf trn, __ sd R lead W underarm roll, xLif fc COH
(W bk R lf trn, __, fwd L LOD lf underarm roll, bk R fc WALL);
4 SQQ [FALLAWY CK & REC] Sd R, __, bk L LOD cking FALLAWY POS, rec fwd R (W sd L, __ bk R LOD cking FALLAWY POS, rec fwd L);

5-8 LADY SWVL RF UNDERARM & CARESS; LADY FWD SPIRAL & RIFF TRN TO LOD;
OP BRK FOR; PASSING OUTSD ROLL;
5 [LADY SWVL RF UNDERARM & CARESS] Pt L RLOD, __, __, __ (W swvl rf underarm on L to a caressing lt arm sweep, __, __, __);
6 SQQ [LADY FWD SPIRAL & RIFF TRN] Rec L rf trn, __, sd R, cl L join lead hds fc LOD
(W fwd R LOD lf spiral, __, fwd L lf spin, cl R to L join lead hds fc RLOD);
7 SQQ [OP BRK] LOP/LOD sd R, __, brk apt L, rec fwd R release lead hds (W sd L, __, brk apt R, rec fwd L);
8 S__ (SQQ) [PASSING OUTSD ROLL] Fwd L rt forearm contact, __, hold & lead W rf underarm trn, join rt hds fc WALL
(W fwd R rt forearm contact, __, fwd L rf underarm trn, bk R join rt hds fc LOD);

9-12 TO CK RONDE & BK PASS; LADY AROUND TO FC; RT HDS & SHAD BRK FOR;
SWEETHEART TRANS & FWD 2;
9 S__ (SQQ) [CK RONDE & BK PASS] Rt hds joined lunge sd R cking lt arm extended bk & sd, __, __, __
(W lunge bk L lt hd on M's rt sh ronde R cw, __, xRib, fwd L pass beh M);
10 S__ (SQQ) [LADY AROUND TO FC] Rise & cl L to R fc WALL, __, __, __ (W fwd R lift & pass under M's lt arm, __, fwd L, fwd R fc ptr & COH);
11 SQQ [SHAD BK] Sd R join rt hds, __, brk bk L, rec fwd R SHAD/LOD (W sd L join rt hds, __, brk bk R, rec fwd L SHAD/LOD);
12 __QQ (SQQ) [SWEETHEART TRANS & FWD 2] Tch L to R lift & release rt hds, __, RT SWEETHEART POS fwd L, fwd R across ptr
(W cl R to L lift & release rt hds, __, fwd L, fwd R);

13-16 SWEETHEART SWITCH 2T DOWN LOD;; LUNGE SWITCH TO RLOD;
LUNGE SWITCH / LADY TRANS TO FC;
13 SQQ [SWEETHEART SWITCHS] Fwd L across ptr rf trn, __, LT SWEETHEART POS fwd R LOD, fwd L
(W fwd L rf trn ptr across, __, fwd R, fwd L);
14 SQQ Cl R to L ptr across, __, RT SWEETHEART POS fwd L LOD, fwd R (W fwd R across ptr, __, fwd L, fwd R);
15 SQQ [LUNGE SWITCH DOWN RLOD] Fwd L LOD rf trn, __, LT SWEETHEART POS fwd R RLOD, fwd L
(W fwd L LOD rf trn, __, fwd R RLOD, fwd L);
16 SQQ (SQ_) [LUNGE SWITCH / LADY TRANS] Fwd R lf trn RT SWEETHEART POS, __, fwd L fc ptr & WALL, cl R to L LOOSE CP
(W fwd R lf trn RT SWEETHEART POS, __, fwd L fc ptr & COH, tch R to L LOOSE CP);

PART B

1-4 BASICS;; TRAVEL RT TRN; TO OUTSD ROLL;
1 SQQ [BASICS] LOOSE CP sd L, __, xRib, rec fwd L (W sd R, __, xLib, rec fwd R);
2 SQQ Sd R, __, xLib, rec fwd R LOD (W sd L, __, xRib, rec fwd L);
3 S__ (SQQ) [TRAVEL RT TRN] Fwd L across ptr, rf trn on L ronde R cw lead W pass fwd LOD fc LOD LOOSE BJO, __, __, __
(W fwd R LOD, __, fwd L rf around & passed ptr, fwd R LOOSE BJO fc RLOD);
4 SQQ [OUTSD ROLL] Fwd R LOD outsd ptr, __, sd L, xRif LOP fc WALL (W bk L ptr outsd LOD rf trn, __, sd R rf underarm roll, bk L fc COH);

"YOU RAISE ME UP" Cont.

5-8 **LUNGE BASIC W/ INSD ROLL; BASIC END; LF TRN TO BFY;**
BK BRK W/ LADY'S HEAD LOOP;
5 SQQ **[LUNGE BASIC W/ INSD ROLL]** Lunge Sd L cking ptr with rt hd beh W's bk, __, rec sd R lead W lf underarm roll, xLif RLOD (W lunge sd R cking, __, rec fwd L RLOD lf underarm roll, bk R fc ptr & COH);
6 SQQ **[BASIC END]** LOOSE CP sd R, __, xLib, rec fwd R LOD (W sd L, __, xRib, rec fwd L LOD start lf trn);
7 SQQ **[LF TRN]** Fwd L LOD lf trn, __ sd R, xLif fc COH (W fwd R lf trn, __, sd L, xRif fc WALL);
8 SQQ **[BK BRK W/ LADY'S HEAD LOOP]** Sd R loop M's rt W's lt hds over W's head placing hds on W's rt sh, __, bk L, rec fwd R RLOD (W sd L loop M's rt W's lt hds over head, __, bk R, rec fwd L RLOD);

9-12 **UNDERARM TRN TO STACKED HDS; OP BRK; CHG SDS UNDER STACKED HDS;**
LUNGE BASIC;
9 SQQ **[UNDERARM TRN TO STACKED HDS]** Sd L, __, xRib lead ptr under dbl hd hold, rec fwd L STACKED LT OVER RT HDS fc COH (W fwd R, __, fwd L rf trn under dbl hd hold, fwd R STACKED HDS L over R fc ptr & WALL);
10 SQQ **[OP BRK]** Sd R, __, apt L, rec fwd R (W sd L, __, apt R, rec fwd L);
11 SQQ **[CHGS SDS UNDER STACKED HDS]** Fwd L COH chg sds lead W trn under stacked hds, __, sd R, xLif dbl hd hold fc WALL (W fwd R WALL lf trn under stacked hds chg sds, __, sd L, xRif fc COH);
12 SQQ **[LUNGE BASIC]** Lunge sd R ½ OP/LOD, __, rec fwd L, fwd R (W lunge sd L ½ OP/LOD, __, rec fwd R, fwd L);

13-16 **2 SWITCHES;; TO A HINGE; REV UNDERARM TRN / LADY TRANS TO FC;**
13 SQQ **[SWITCHES]** Fwd L across ptr rf trn ½ LOP/LOD, __, fwd R, fwd L (W fwd R ½ LOP/LOD, __, fwd L, fwd R);
14 SQQ Fwd R ½ OP/LOD, __, fwd L, fwd R (W fwd L across ptr rf trn ½ OP/LOD, __, fwd R, fwd L);
15 S__ (SS) **[HINGE]** Fwd L LOD rise w/ slight lf body trn, __, lower on extend R sd RLOD, __ (W fwd R lf trn, __, xLib lower extend R fwd RLOD, __);
16 SQQ (SQ_) **[REV UNDERARM TRN / LADY TRANS]** Rec R lead W lf underarm trn, __, Sd L fc ptr & WALL, cl R to L LOOSE CP (W rec R lf underarm trn, __, fwd L fc ptr & COH, tch R to L LOOSE CP);

PART A

1-4 **BASICS;; LT TRN W/ INSD ROLL; TO FALLAWY CK & REC;**
5-8 **LADY SWVL RF UNDERARM & CARESS; LADY FWD SPIRAL & RIFF TRN TO LOD;**
OP BRK FOR; PASSING OUTSD ROLL;
9-12 **TO CK RONDE & BK PASS; LADY AROUND TO FC; RT HDS & SHAD BRK FOR;**
SWEETHEART TRANS & FWD 2;
13-16 **SWEETHEART SWITCH 2T DOWN LOD;; LUNGE SWITCH TO RLOD;**
LUNGE SWITCH / LADY TRANS TO FC;

PART B MOD

1-4 **BASICS;; TRAVEL RT TRN; TO OUTSD ROLL;**
5-8 **LUNGE BASIC W/ INSD ROLL; BASIC END; LF TRN TO BFY;**
BK BRK W/ LADY'S HEAD LOOP;
9-12 **UNDERARM TRN TO STACKED HDS; OP BRK; CHG SDS UNDER STACKED HDS;**
LUNGE BASIC;
13-16 **2 SWITCHES;; TO A HINGE; LADY REV UNDERARM TRN;**
16 QQ__ (S__) **[LADY REV UNDERARM TRN]** Rec R lead W rec, sd L lead W lf underarm swvl to BFY, __, __ (W rec fwd R, swvl lf underarm BFY fc LOD, __, __);
17-18 **& FWD SWVL KICK TO SLO RONDE; FOR CIR VINE 3 {"You Raise Me"};**
17 SS (S__) **[FWD SWVL KICK TO SLO RONDE]** Sd R LOD lead W lf swvl BFY, __, rec sd L lead W swvl rf for slo ronde __ (W fwd L LOD lf swvl, __, kick R fwd RLOD rf swvl on L for slo ronde R cw, __);
18 __QQQ **[CIR VINE 3]** BFY/WALL hold, cir rf vine on {"You Raise Me"} xRib, sd L, xRif fc COH (W BFY fc COH cont ronde R cw, cir rf vine on {"You Raise Me"} xRib, sd L, xRif fc WALL);

PART C

1-4 **TO SAME FT RONDE {"Up"} & VINE 2; SLO OPPOSITION X-CK; REC BK 2 LADY SWVL;**
TO SAME FT LUNGE LINE W/ TRANS EXIT FOR;
1 SQQ **[SAME FT RONDE & VINE 2]** BFY fc COH compress into ptr w/ rf rotation on {"Up"} sd L ronde R cw, __, xRib, fwd L LOD join rt hds (W fc COH WALL in BFY compress into ptr w/ rf rotation sd L ronde R cw, __, xRib, fwd L RLOD join rt hds);
2 S__ **[SLO OPPOSITION X-CK]** Rt hds joined x-ck R LOD extend lt arm fwd, __, __, __ (W x-ck R RLOD extend lt arm fwd, __, __, __);
3 SS (__) **[REC BK 2 LADY SWVL]** Rec bk L lead W swvl lf underarm, __, bk R LOOSE "L" POS fc WALL, __ (W lf swvl on R under joined rt hds fc LOD, __, extend L fwd LOOSE "L" POS fc LOD, __);
4 __S (__QQ) **[SAME FT LUNGE LINE W/ TRANS EXIT]** Lower on R rt leg in fit of ptr extend L LOD, __ rec fwd L LOD, tch R to L (W lower on R beh M's rt leg extend L LOD, __ rec fwd L, fwd R LOD);

"YOU RAISE ME UP" Cont.

5-8 **SLO SPIRAL; FIN SPIRAL & OUT TO FC; OP BRK; TO LEG CRAWL & AROUND THE WORLD;**
5 _____ **[SLO SPIRAL]** Hold & lead W slo lf spiral, __, __, __ (W slo spiral lf on R, __, __, __);
6 __QQ **[FIN SPIRAL & OUT TO FC]** Cont lead W slo lf spiral, __, bk R, fwd L LOD join lead hds
(W cont slo spiral lf on R, __, fwd L LOD lf trn, cl R to L fc RLOD join lead hds);
7 SQQ **[OP BRK]** Sd & fwd R, __, brk apt L, rec fwd R LOD (W sd & bk L, __, brk apt R, rec fwd L fc RLOD);
8 S__ **[LEG CRAWL & AROUND THE WORLD]** Blend to CP cl L to R & pt R sd & fwd, __, shifting wt to both ft pl arms around W w/ hds on
W's sh blades lower w/ ccw rotation rising after rotation, __ (W blend to CP fwd R raise lt leg up sd of M's rt leg, __, shifting wt to both ft pl hds
on M's shs lower to lay back pos w/ ccw rotation rising after rotation, __);

9-12 **& HOLD; RUD RONDE W/ SYNC UNDERARM TRN; SD BASIC; LADY'S SPT TRNS TO NECK WRAP;**
9 S__ **[HOLD]** Fin round the world & shift wt to L blend to normal CP/LOD, __, __, __
(W fin round the world & shift wt to R blend to normal CP fc RLOD, __, __, __);
10 S&QQ **[RUD RONDE W/ SYNC UNDERARM TRN]** Lunge fwd & sd R rf body rotation, __/bk L RLOD, sd R, xLif fc WALL
(W sd & bk L ronde R cw, __/bk R lf trn, fwd L RLOD lf underarm trn, bk R fc COH);
11 SQQ **[SD BASIC]** Sd R, __ xLib, rec fwd R (W sd L, __, xRib, rec fwd L);
12 SQQ **[LADY'S SPT TRNS TO NECK WRAP]** Lead hds joined sd L, __, xRib lead W neck wrap rf into W's rt arm, __, rec fwd L RLOD
(W lead hds joined sd R, __, fwd L neck wrap rf into rt arm, rec fwd R RLOD);

13-16 **& UNWRAP FOR; 2 SLO X-SWVLS;; REV UNDERARM TRN / LADY TRANS TO FC;**
13 SQQ **[UNWRAP]** Sd R, __, rec sd L lead W lf trn to unwrap neck, lunge sd R RLOD lead W lf swvl to BFY fc DLW
(W fwd L, __, fwd R unwrap lf, fwd L LOD swvl lf to BFY fc DRC);
14 S__ **[SLO X-SWVLS]** BFY lunge sd L LOD lead W slo rf swvl fc DRW, __, __, __ (W BFY fwd R RLOD slo swvl rf fc DLC, __, __, __);
15 S__ BFY lunge sd R RLOD lead W slo lf swvl fc DLW, __, __, __ (W BFY fwd L LOD slo swvl lf fc DRC, __, __, __);
16 __QQ (SQ_) **[REV UNDERARM TRN / LADY TRANS]** Hold & lead W lf underarm, __, sd L fc ptr & WALL, cl R to L LOOSE CP
(W fwd R RLOD lf underarm trn, __, fwd L fc ptr & COH, tch R to L LOOSE CP);

PART B MOD

1-4 **BASICS;; TRAVEL RT TRN; TO OUTSD ROLL;**
5-8 **LUNGE BASIC W/ INSD ROLL; BASIC END; LF TRN TO BFY; BK BRK W/ LADY'S HEAD LOOP;**
9-12 **UNDERARM TRN TO STACKED HDS; OP BRK; CHG SDS UNDER STACKED HDS; LUNGE BASIC;**
13-16 **2 SWITCHES;; TO A HINGE; LADY REV UNDERARM TRN;**
16 QQ_ (S_) **[LADY REV UNDERARM TRN]** Rec R lead W rec, sd L lead W lf underarm swvl to BFY, __, __
(W rec fwd R, swvl lf underarm on R BFY fc LOD, __, __);
17-18 **& FWD SWVL KICK TO SLO RONDE; FOR CIR VINE 3 {"You Raise Me"};**
17 SS (S_) **[FWD SWVL KICK TO SLO RONDE]** Sd R RLOD lead W lf swvl BFY, __, sd L LOD lead W rf swvl for slo ronde, __
(W fwd L LOD lf swvl, __, kick R fwd RLOD swvl rf on L for slo ronde R cw, __);
18 __QQQ **[CIR VINE 3]** BFY/WALL hold, cir rf vine on {"You Raise Me"} xRib, sd L, xRif fc COH
(W BFY fc COH cont ronde R cw, cir rf vine on {"You Raise Me"} xRib, sd L, xRif fc WALL);

END

1-4 **TO SAME FT RONDE {"Up"} & VINE 2; SLO OPPOSITION X-CK; REC BK 2 / LADY SWVL; TO SAME FT LUNGE LINE;**
1 SQQ **[SAME FT RONDE & VINE 2]** BFY fc COH compress into ptr w/ rf rotation on {"Up"} sd L ronde R cw, __, xRib, on {1st Piano Note} fwd
L LOD join rt hds (W fc WALL compress into ptr w/ rf rotation on {"Up"} sd L ronde R cw, __, xRib, on {1st Piano Note} fwd L RLOD);
2 S__ **[SLO OPPOSITION X-CK]** Rt hds joined on {2nd Piano Note} x-ck R LOD extending lt arm fwd on {"To More"}, __, __, __
(W join rt hds on {2nd Piano Note} x-ck R RLOD extending lt arm fwd on {"To More"}, __, __, __);
3 SS (__) **[REC BK 2 / LADY SWVL]** On {"Than I"} rec bk L lead W swvl lf, __, bk R fc WALL LOOSE "L" POS,
(W on {"Than I"} lf swvl on R under joined rt hds fc LOD, __, extend L fwd LOOSE "L" POS fc LOD, __);
4 _____ **[SAME FT LUNGE LINE]** On {"Can Be"} lower on R M's rt leg in frt of ptr extend L LOD, __, __, __
(W on {"Can Be"} lower on R beh M's rt leg extend L LOD, __, __, __);

5-6 **REC TO SLO HINGE & EXTEND;;**
5 S__ **[REC TO SLO HINGE & EXTEND]** On {"Piano Notes} rec fwd L, __, lead W lf swvl, __
(W on {"Piano Notes"} rec fwd L, __, slo swvl lf on L, __);
6 _____ Lower on L extend lt arm bk & up extend R leg RLOD, __ (W lower on L pl rt hd on M's lt sh extend lt arm up & out extend R leg RLOD, __);

HEAD CUES

INTRO

1-4 (OP SHAD/LOD) RT HDS JOINED IN FRT OF LADY, BOTH RT FT FREE
WAIT; FWD 2; FWD 2 / LADY SPIRAL & FWD; FWD TRANS / LADY RIFF TRN TO FC;

PART A

1-4 BASICS;; LT TRN W/ INSD ROLL; TO FALLAWY CK & REC;
5-8 LADY SWVL RF UNDERARM & CARESS; LADY FWD SPIRAL & RIFF TRN TO LOD; OP BRK FOR;
PASSING OUTSD ROLL;
9-12 TO CK RONDE & BK PASS; W AROUND TO FC; RT HDS & SHAD BRK FOR;
SWEETHEART TRANS & FWD 2;
13-16 SWEETHEART SWITCH 2T DOWN LOD;; LUNGE SWITCH TO RLOD;
LUNGE SWITCH / LADY TRANS TO FC;

PART B

1-4 BASICS;; TRAVEL RT TRN; TO OUTSD ROLL;
5-8 LUNGE BASIC W/ INSD ROLL; BASIC END; LF TRN TO BFY; BK BRK W/ W'S HEAD LOOP;
9-12 UNDERARM TRN TO STACKED HDS; OP BRK; CHG SDS UNDER STACKED HDS; LUNGE BASIC;
13-16 2 SWITCHES;; TO A HINGE; REV UNDERARM TRN / LADY TRANS TO FC;

PART A

1-4 BASICS;; LT TRN W/ INSD ROLL; TO FALLAWY CK & REC;
5-8 LADY SWVL RF UNDERARM & CARESS; LADY FWD SPIRAL & RIFF TRN TO LOD; OP BRK FOR;
PASSING OUTSD ROLL;
9-12 TO CK RONDE & BK PASS; W AROUND TO FC; RT HDS & SHAD BRK FOR;
SWEETHEART TRANS & FWD 2;
13-16 SWEETHEART SWITCH 2T DOWN LOD;; LUNGE SWITCH TO RLOD;
LUNGE SWITCH / LADY TRANS TO FC;

PART B MOD

1-4 BASICS;; TRAVEL RT TRN; TO OUTSD ROLL;
5-8 LUNGE BASIC W/ INSD ROLL; BASIC END; LF TRN TO BFY; BK BRK TO LADY'S HEAD LOOP;
9-12 UNDERARM TRN TO STACKED HDS; OP BRK; CHG SDS UNDER STACKED HDS; LUNGE BASIC;
13-16 2 SWITCHES;; TO A HINGE; LADY REV UNDERARM TRN;
17-18 & FWD SWVL KICK TO SLO RONDE; FOR CIR VINE 3 {"You Raise Me"};

PART C

1-4 TO SAME FT RONDE {"Up"} & VINE 2; SLO OPPOSITION X-CK; REC BK 2 / LADY SWVL;
TO SAME FT LUNGE LINE W/ TRANS EXIT FOR;
5-8 SLO SPIRAL; FIN SPIRAL & OUT TO FC; OP BRK; TO LEG CRAWL & AROUND THE WORLD;
9-12 & HOLD; RUD RONDE TO SYNC UNDERARM TRN; SD BASIC;
LADY'S SPT TRNS TO NECK WRAP;
13-16 & UNWRAP FOR; 2 SLO X-SWVLS;; REV UNDERARM TRN / LADY TRANS TO FC;

PART B MOD

1-4 BASICS;; TRAVEL RT TRN; TO OUTSD ROLL;
5-8 LUNGE BASIC W/ INSD ROLL; BASIC END; LF TRN TO BFY; BK BRK TO LADY'S HEAD LOOP;
9-12 UNDERARM TRN TO STACKED HDS; OP BRK; CHG SDS UNDER STACKED HDS; LUNGE BASIC;
13-16 2 SWITCHES;; TO A HINGE; LADY REV UNDERARM TRN;
17-18 & FWD SWVL KICK TO SLO RONDE; FOR CIR VINE 3 {"You Raise Me"};

END

1-4 TO SAME FT RONDE {"Up"} & VINE 2; SLO OPPOSITION X-CK;
REC BK 2 LADY SWVL; TO SAME FT LUNGE LINE;
5-6 REC TO SLO HINGE & EXTEND;;